



# Juices

# Drinks

**Fresh juices** \$5.00

Watermelon  
Pineapple  
Strawberry  
Passion fruit  
Mango  
Coconut

**Detox** \$6.00

Pineapple, ginger and lemon.

**Energy** \$6.00

Watermelon, strawberry and mint.

**Bottled water** \$2.00

**Sparkling Water** \$2.50

**Soda** \$2.50  
(Coca Cola, Canada Dry)

**Chai-tea** \$4.00

**Cafe** \$4.00

Latte  
Capuccino  
American  
Line Geisha \$7.00

**Beer**

Balboa \$3.00  
Corona \$4.00  
Corona Tropical \$5.00  
Clandestina (artesanal) \$5.00

**Wine**

Pinot Grigio Romeo & Julieta \$35.00  
Glass of wine \$8.00  
Chianto Santa Cristina \$35.00  
Glass of wine \$8.00  
Chandon Rosado \$38.00

**Hookah** \$15.00

**Panama coffee tasting** \$15.00

# Breakfast

# Entrée

## American

\$9.00

2 eggs, bacon or sausage, potatoes and toast.

## Healthy

\$10.00

Low-fat Greek yogurt, served with organic granola, seasonal fruits and chiriqui honey.

## Keto

\$11.00

2 Keto Toasts with creamy avocado and 2 eggs.

## Sweet Tooth Breakfast

\$12.00

Pancakes served with Fresh Fruit, Sausage and Canadian Maple Syrup.

## Soup of the day

\$4.00

Sweet Potato/ Lentil Sweet potato / Lentils/ Fish.

## Tequeños 6 units

\$5.00

Fried breaded cheese stick.

## Ceviche Salad

\$8.00

Fresh sea bass ceviche served with seasonal vegetables.

## Quesadilla

\$8.00

Freshly grated cheese served on tortilla bread with dip.

## Guacamole

\$8.00

Avocado, onion, tomato served with fried bread

## Caesar salad

\$10.00

(+5 With chicken)

## Rice and Pastas

**Lasagne** \$12.00

Beef, Chicken and vegetarian

**Penne with pesto** \$15.00

Plumitas in basil pesto sauce

**Linguini frutti di mare** \$16.00

Accompanied by seafood, red sauce flavored with garlic and white wine.

**Chow Fan chicken Rice** \$18.00

Tasty Asian-style stir-fried rice.

## Fish and seafood

**Catch of the day** \$15.00

**Grilled Salmon** \$16.00

Delicious Salmon fillet on a bed of mixed salad accompanied by rice and golden fried plantains.

**Garlic Shrimp** \$18.00

**Seafood Casserole** \$18.00

Mix of seafood in tomato sauce flavored with garlic coriander and white wine.

## Meats

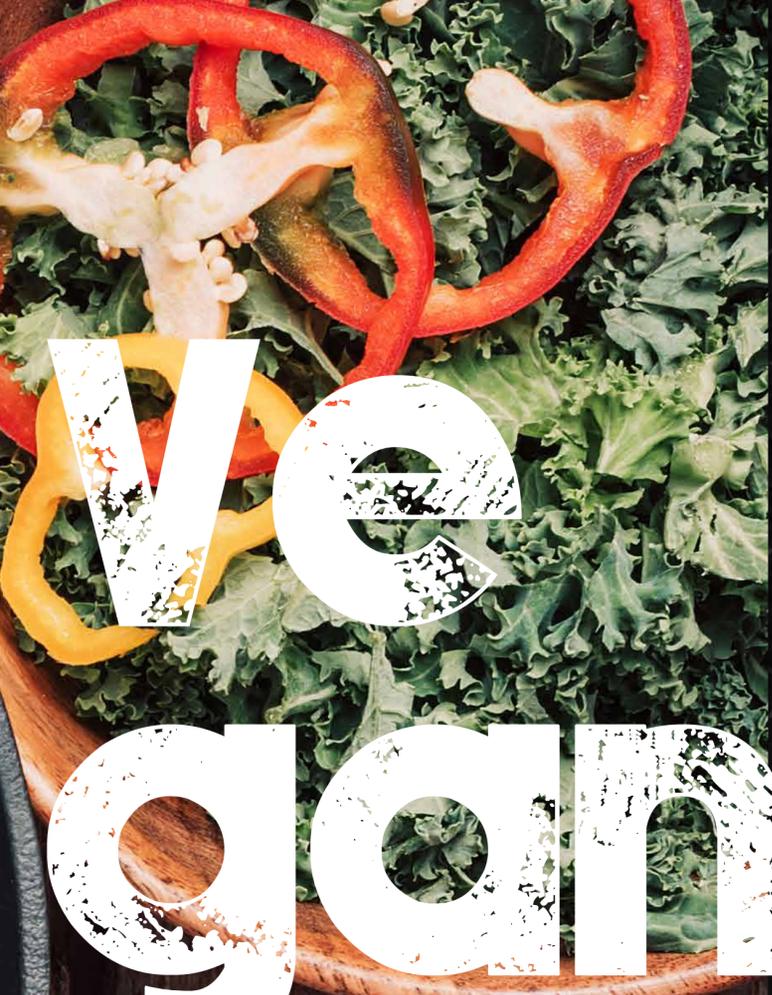
**Roast chicken** \$16.00

Rice and salad, served with Parisian coffee sauce.

**New York Steak** \$18.00

French fries, salad, served with chimichurri





# Vegetarian



# Fast Food



# Desserts

Chickpea salad \$8.00

Chickpea, tomato, cucumber and mint

Roasted vegetables \$10.00

Potato, tomato, red pepper, red onion, eggplant, fresh herbs.

Mini Pizza Margarita \$12.00

Neapolitan sauce with mozzarella cheese.

Mini Pizza pepperonni \$12.00

Neapolitan sauce pepperoni and mozzarella cheese.

Chicken wraps \$12.00

Beef burger \$14.00

Brownies \$4.00

Ice Cream \$4.00  
Passion Fruit, Sugar Cane or Chocolate.

Lemon cheesecake \$6.00

Tiramisu \$6.00